



The Willow Stream Spa at Fairmont Dubai is a unique destination designed to inspire, nourish, and guide you on a journey to find your personal energy in a location that reflects their cultural and environmental surroundings.

By combining proven methodology for relaxation and rejuvenation, all Willow Stream experiences are designed to soothe, pamper, de-stress and invigorate the mind and body.

The spa covers over 40,000 square feet and offers two distinct experiences. One being the dedicated spa facility which has a luxurious Romanesque feel throughout, with separate male and female sections, which both feature an opulent Jacuzzi area with Turkish Hammam inspired steam rooms, invigorating cool shower, two relaxing footbaths.

The second location offers state of the art health club facilities.



BODY EXPERIENCES

Elements in Harmony

90 minutes AED 550

This treatment draws from the restorative powers of fire, earth, air and water. A self-heating mud is applied to cleanse the body, which is followed by a deep therapeutic and powerful aromatherapy body and scalp massage.

Willow Stream Signature Travelers

90 minutes AED 550

The signature treatment begins with a body exfoliation, complemented by an intense circulation massage using a combination of pink grapefruit and rosemary essential oils. Enjoy an Ayurvedic scalp massage to stimulate, while allowing the cooling layers of ice sheets that are wrapped around the legs to soothe the body.

Willow Stream Deep Muscle

90 minutes AED 550

After the stress and strain of a long day, allow the warmth of ginger and black pepper essential oils to relieve tension in an extensive deep tissue massage treatment. A warm mud mask covers the back to encourage relaxation and a combination of feet and scalp massages complete the experience.

Essence of Rose

60 minutes AED 420

Using three different rose oils to completely nourish the skin; the body is gently massaged from the soles of your feet to the top of your head; finalized by a cleansing and revitalizing facial using essences of pure rose.

Clear and Cleanse

60 minutes AED 390

This upper body treatment combines pressure point massage techniques and select aromatic ingredients, including eucalyptus, tea tree and pine essential oils to encourage deep breathing and to strengthen the immune system. This experience culminates with an Ayurvedic scalp massage to soothe the mind and to ease tensions in the body.

Aromatic Body Polish

60 minutes AED 320

A gentle exfoliation treatment combined with selected ingredients; including ground olive pits and aromatic gels are applied to deeply cleanse the skin. The treatment culminates with an application of aromatic cream, leaving the skin nourished and glowing.

Salt Sea Scrub

60 minutes AED 320

This invigorating sea salt exfoliation removes dull surface skin cells, improves circulation and refreshes the skin with minerals and trace elements. An application of hydrating body milk leaves the skin ultimately refreshed.

BODY WRAPS

Detox

60 minutes AED 350

This treatment begins with skin brushing to improve lymphatic and blood circulation, followed by a warm seaweed mixture body wrap and heated blanket which is absorbed and stimulates the body to cleanse itself.

Firming

60 minutes AED 350

Experience a relaxing and rejuvenating treatment designed to firm the skin. A cool body wrap is applied using seaweed and marine spring water to result in firmer, healthier and younger looking skin. A heat pack composed of a natural self-heating sea mud mixture is applied to enhance relaxation.

Revitalising

60 minutes AED 350

Ideal for instant revitalisation, this balancing treatment revives and restores drained cells. The use of patented Oligomer composed of concentrated seawater minerals, combats stress and tension leaving your body and mind refreshed and re-energised.

Contouring

60 minutes AED 350

The Phytomer body wrap reduces localised excess weight resulting in a more defined silhouette. Contouring emulsion is applied during an invigorating massage, using anti-cellulite and slimming techniques to help break down fat cells, leaving the skin smooth and perfectly contoured.

** For optimum results, it is recommended to experience a series of ten treatment sessions, once or twice per week and to follow a healthy regime of regular exercise and a balanced diet. **(AED 2800)**



FACIAL EXPERIENCES

Customized Prestige

90 minutes AED 490

The treatment begins with a relaxing back massage followed by the application of a natural self-heating marine mud to encourage deep detoxification and relaxation of stressed areas. The face is then cleansed, double exfoliated and massaged, prior to the application of facial masks, serums and creams.

Customized Essential

60 minutes AED 390

Designed to deeply cleanse the skin and relax the body, natural self-heating marine mud is applied down the spine to eliminate all traces of tension and stress, followed by a deep cleansing and exfoliation of the face, including a facial massage to facilitate circulation.

Marine Anti-Ageing

60 minutes AED 420

90 minutes AED 490

The Phytomer anti-ageing experience is designed to transform the skin as it firms, hydrates, refines, and tones; while offering moments of relaxation. This treatment combats the signs of ageing with anti-free radical effects of marine spring water and everlasting marine essence.

Aromatherapy Rose Radiance

60 minutes AED 390

Using luxurious rose, geranium and evening primrose oils to nourish and soften the skin, this experience incorporates gentle exfoliation, a rejuvenating facial massage, cool hydrating mask and a relaxing scalp massage.

BEAUTY SERVICES

Waxing

Prices upon request

Eyelash tinting and shaping

Prices upon request



MASSAGE EXPERIENCES

Enrich Luxury

60 minutes AED 420

90 minutes AED 550

A deep rhythmical massage with the sumptuous blend of Frankincense, amber and sandalwood oils that are gently warmed to thoroughly soften and nourish the skin; A truly wonderful massage experience amid rich and luxurious perfumes of the East

Deep Muscle Melt

90 minutes AED 550

After the stress and strain of a long day, allow the warmth of ginger and black pepper essential oils to relieve tension in an extensive deep tissue massage treatment. A warm mud mask covers the back to encourage relaxation and a combination of feet and scalp massages complete the experience

Travelers

90 minutes AED 550

This signature treatment begins with a body exfoliation, complemented by an intense circulation massage using a combination of pink grapefruit and rosemary essential oils. Enjoy an Ayurvedic scalp massage to stimulate, while allowing the cooling layers of ice sheets that are wrapped around the legs to soothe the body.

Aromatherapy

60 minutes AED 420

90 minutes AED 550

This aromatherapy massage combines the power of pure essential oils (selected from a hand-blended range) to suit your mood, with a specialized gentle pressure point massage drawn from the traditions of the East and West.

Sports

60 minutes AED 420

90 minutes AED 550

This deep massage targets sore muscles and enhances muscle recovery after exercise, sports or tension (mild soreness may result).

Stress Relief

60 minutes AED 390

90 minutes AED 550

This medium pressure massage focuses on all major tension target areas, including the head, neck, shoulders, back and feet.

Relaxation

60 minutes AED 390

90 minutes AED 550

The popular full-body Swedish style massage offers gentle intensity and is designed to increase circulation and promote relaxation, using long, smooth strokes to relax the muscles and stimulate the lymphatic and circulatory system.



SPA PACKAGES

Ultimate Body Bliss

3 hours AED 920

Designed to deeply cleanse the skin and energize the body, the treatment begins with the application of an invigorating salt scrub to remove dull surface skin cells. This is followed by a 1.5 hour gentle full body massage using long, smooth strokes to relax the muscles and to stimulate the lymphatic and circulatory system. To complete this experience, enjoy a personalized intensive facial with the use of Phytomer products.

Rose Retreat

2.5 hours AED 890

A balancing and nourishing experience designed to harmonize the emotions, soothe the body and nourish the skin. Enjoy a gentle skin exfoliation with a combination of ground olive pits and a rose body wash, to stimulate and improve circulation. The body is then massaged and enveloped in a luxurious blend of oil and cream, using three types of rose extracts. The experience culminates with luxurious facial using natural Damask rose water, Geranium and Evening Primrose oils.

Time Out

2.5 hours AED 750

A cleansing and rejuvenating experience, Elements in Harmony draws from restorative powers of fire (self-heating mud), earth (spa peeling massage cream), air (relaxing serum) and water. After a gentle stretching and pressure point massage, the body is brushed using loofah to stimulate blood circulation and to remove dull surface skin cells. An application of marine self-heating mud along the spine and feet, enable a deep detoxification and relaxation of stressed areas, followed by a therapeutic body and scalp massage. A reviving eye mask will bring radiance and freshness and reduce the appearance of fine lines, dark circles and puffiness. Cleansing, toning, and exfoliation of the face, including a facial massage will complete the experience.

Aromatic Duo

2 hours AED 720

This re-balancing experience begins with an all over body exfoliation, using ground olive pits and an aromatherapy cleansing wash to refine the skin. A specialized gentle massage drawn from the traditions of East and West using hand blended essential oils to suit your mood, will leave your body, mind and spirit feeling balanced.



JUST FOR MEN

Total Tune Up

2.5 hours AED 950

Combining three treatments - Aromatic Body Polish, Willow Stream Deep Muscle Massage, and the Quick Fix Facial - this experience relieves the stress and strain of a long day. An extensive deep tissue massage combined with ginger and black pepper essential oils relieves tension. A warm mud mask covers the back and a foot and scalp massage encourages relaxation. The face is also cleansed, exfoliated and massaged, prior to the application of facial masks and serums.

Shed Some Stress

2 hours AED 890

Combining two treatments - Men's Maintenance Facial and Real Aromatherapy Massage - this revitalizing experience focuses on enhancing the texture of your skin and for soothing the mind and body. The treatment begins with a cleansing and revitalizing facial experience designed to repair and protect the skin. To complete the experience, the power of essential oils (selected from a hand-blended range to suit your mood) is applied with a specialized neck, back and shoulder massage inspired from the traditions of the East.

Executive Experience

2 hours AED 750

A balancing and nourishing experience designed to soothe the body and revitalize the skin, this treatment begins with an invigorating back treatment using a blend of orange flower and lavender plant extracts, and essential tea tree oil to improve the skin's texture. A cleansing and gentle facial helps to refine the pores, condition the skin and restore the balance of natural oils.

Executive Deep Cleansing Facial

90 minutes AED 490

This treatment includes a combination of specialized techniques to restore the skin's natural oils. The face is deeply cleansed and exfoliated to draw out impurities and to re-mineralize the skin. This is followed by a facial using the antiseptic properties of lavender and essential tea tree oil. A purifying mask is then applied, while an invigorating massage and a soothing scalp massage leaves the skin glowing and revitalized.

Men's Maintenance Facial

60 minutes AED 390

This deep cleansing facial experience was developed to repair and protect the skin with orange flower and lavender plant extracts, and essential tea tree oil. This treatment is further enhanced with the application of a fresh mud mask to remove dead skin cells and to create a well balanced complexion.



SPA EXPERIENCE

The Environment at Willow Stream Spa

Willow Stream Spa is an adult sanctuary (guests must be 18 years of age or older). Mobile phones, Blackberry's or other electronic devices are not permitted in the spa environment. If you wish to receive messages during your experience, please advise one of our spa experience coordinators who will be glad to assist you.

Spa Experience Coordinators

All of our spa experience coordinators are available to assist you in customizing your own personal experience, from planning your treatments to answering any of your questions or concerns.

Making an Appointment

Please call 04 311 8800 or e-mail willowstreamdubai@fairmont.com. Advance reservations are recommended to accommodate your preferences.

Spa Arrival and Etiquette

We recommend that you arrive 30 minutes prior to your scheduled appointment; to enjoy the heat and cooling facilities before your treatment begins. To increase the movement of toxins in your body, use the sauna, steam room, or whirlpool. This will clear your breathing, start the cleansing process and warm your muscles. To bring your body temperature back to normal, have an 'ice shower' or enjoy a refreshing cold drink in the relaxation lounge. Please leave your jewellery and valuables in your guest room safe or in the hotel safe. All treatments will end as scheduled, so that the next guest may begin on time.

Spa Attire

You will receive a Willow Stream robe and slippers to wear and a locker for your personal belongings. For your comfort, undergarments may be worn during treatments; however our therapists are highly trained in the correct draping procedures for your privacy. Please note, that swimsuits are required in some areas of the spa.

Health Matters

Please inform us of any health conditions when booking your appointment e.g. high blood pressure, heart conditions, and allergies or if you are pregnant. Also, consumption of alcohol before, during or directly after spa treatments is not recommended.

Willow Stream Spa Gift Cards

Willow Stream Spa gift cards are available for purchase for all spa services and packages. Please contact the Willow Stream Spa reception for further information.

Pricing

All prices are in Dirham and include 10% Municipality fees and 10% service charge and are subject to change without prior notification.

Hours of Operation

The spa facility is open daily from 6am - midnight. Spa appointments are available from 9am - 9pm.

The health club is open from 6am - midnight via key access for in-house guests, Willow Stream Spa members and apartment tenants.

Cancellation Policy

If you reschedule or cancel your appointment, please notify the spa reception at least 12 working hours advance notice to avoid being charged. Cancellation of a two or three hour Willow Stream Spa package requires 48 hours notice.